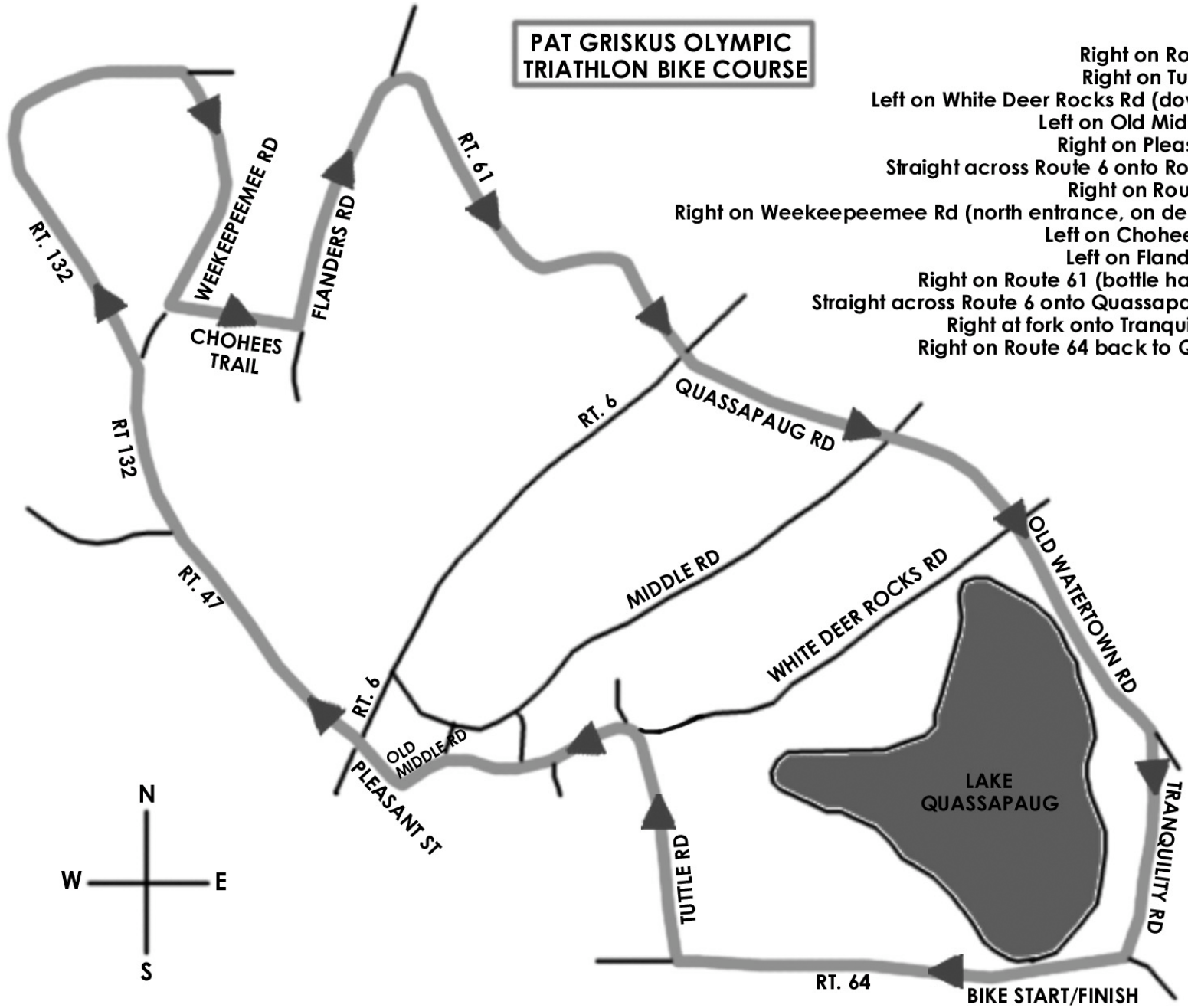
PAT GRISKUS OLYMPIC TRIATHLON BIKE COURSE

Right on Route 64
Right on Tuttle Rd
Left on White Deer Rocks Rd (downhill)
Left on Old Middle Rd
Right on Pleasant St
Straight across Route 6 onto Route 47
Right on Route 132
Right on Weekeepeemee Rd (north entrance, on descent)
Left on Chohees Trail
Left on Flanders Rd
Right on Route 61 (bottle handoff)
Straight across Route 6 onto Quassapaug Rd
Right at fork onto Tranquility Rd
Right on Route 64 back to Quassy